

## Special Needs Sheltering Checklist

In an emergency evacuation, if you have a medical condition that requires basic medical assistance and monitoring, but does not require hospitalization, a Special Needs Shelter may be appropriate for you. Preregistration is important and encouraged, to ensure that you are ready for evacuation and sheltering in the event of an emergency in your county. Family members and caregivers are encouraged to accompany you. Use this checklist to help you prepare a Special Needs Shelter Go Kit that will make your stay as comfortable as possible.

**PLEASE KEEP THIS CHECKLIST WITH YOUR IMPORTANT PAPERS.**

### MEDICAL SUPPLIES AND EQUIPMENT TO BRING (IF NEEDED)-5 DAY SUPPLY

- Batteries and or chargers for electrical equipment such as a wheel chair, scooter, etc.
- Cane, folding cane or walker
- Catheter Supplies
- Diabetes equipment
  - Glucose meter/strips/lances
  - Insulin and Syringes
  - Other insulin supplies
- Documentation of specific medical information
- First-Aid Kit
- List of current medications and at least a 120-hour (five day) supply of them (recommend seven days)
- Nebulizer if needed with operating supplies
- Ostomy supplies for your needs
- Oxygen supplies for your needs
- Repair kit for your electrical equipment
- Wound care supplies
- Any other specialized medical item you may need

### FOOD ITEMS

- Non-Perishable dietary items
- Snacks or other comfort foods (general meals are normally provided at the shelter)
- Special dietary foods, if you require them

### Entertainment Items and Personal Specialty Equipment

- Cell phone with charger
- Reading material, books, games, and magazines etc.
- Radio
- Extra batteries
- Dentures
- Extra pair of glasses or dark glasses if medically required
- Hearing aids with extra batteries
- Pair of gloves to use in case of emergency
- Rain Gear

### BEDDING (cots may be provided, check ahead)

- For caregiver or family member(s)
  - Air mattress or cot and bedding
  - Portable lawn or lounge chair
- For Special needs client
  - Cot or air mattress if cot is not provided
  - Bedding (sheets, blanket, and pillow)

### PERSONAL ITEMS

- Body wipes and/or washcloth, and towel(s)
- Brush or comb and Deodorant
- ID with current address
- Important papers, pictures, contacts, and a small amount of cash
- Incontinence supplies
- Shoes (especially specialty ones)
- Soap and shampoo or shaving supplies
- Toothbrush with toothpaste
- Extra clothing items
- Advanced legal directives: Will, DNR, Power of Att.

### INFANT CARE

- Baby wipes
- Diapers
- Formula/food
- Blankets, sleeping items
- Medication if infant is prescribed any

### SERVICE ANIMAL SUPPLIES

- Food, dishes, and medicines
- Plastic bags, disposable gloves and other body functional needs
- Toys for the animal (if needed)

### ITEMS NOT NORMALLY ALLOWED IN THE SHELTER

- Pets (except for service animals: dog or miniature horse). Proof of vaccinations may be required.
- Firearms or weapons
- Alcoholic beverages or illegal drugs
- Perishable food items

NOTE: Check with your local Emergency Operations Center or local Department of Health for additional information concerning Special Needs Sheltering and pre-registration. 352-486-5213